

Skills and Interests Self-Assessments

<p>MBTI:</p> <p>Holland Codes:</p>	<p>Values:</p> <p>Careers:</p>
<p>About You Let us know who you are, who you were, and who you want to be!</p>	
<p>Hobbies and Interests Hobbies and interests are things you do for enjoyment and don't significantly benefit you financially.</p>	
<p>Hard Skills (Technical Skills) Hard skills are specific, teachable abilities that can be defined and measured, such as typing, writing, math, reading, and the ability to use software programs.</p>	
<p>Soft Skills (Interpersonal Skills) Soft skills are things like getting along with others, having a positive attitude, flexibility, and engaging in small talk.</p>	
<p>Prior/Current Job Experience Job experience can be formal (e.g., employment, self-employment, etc.) and informal (e.g., childcare). Include a short description of your role and responsibilities.</p>	
<p>Volunteer/Other Experiences Volunteer positions you've held (currently or in the past) as well any other experiences you'd like to list that don't fit in another category.</p>	