Larry Labourer

30-301 Station Street, Duncan, BC

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A reliable, hard working **Labourer** looking for employment with Construction Co. Ltd.

Summary of Qualifications

* 3 years as a Labourer in construction, roofing and warehouse environments
* Certified in Occupational First Aid – Level 1 (OFA) and WHMIS
* Physical stamina; capable of heavy lifting, working with heights, walking and standing for long periods with ability to work in all elements
* Adhered to safety protocol on all job sites
* Own basic tools, safety gear and boots
* Valid BC Driver’s License with reliable transportation

Employment History

**Labourer** 2015

*Ralph’s Roofing, Duncan, BC*

* Assisted in removal of shingles from roofs of residential properties
* Cleared roofing debris from work site, utilizing demolition bin
* Followed instructions given by crew foreman with little supervision required
* Worked independently, contributing to the team and final completion of project

**Labourer** 2014 – 2015

*Build and Mend Construction Company, Duncan BC*

* Assisted in renovation demolition, tearing down of counters, cupboards, drywall and scraping ceilings
* Kept worksite clean and free from debris
* Removed shrubbery and overgrown gardens in residential exteriors
* Assisted in post-construction cleanup on renovations including: washing windows and walls, sweeping, mopping, and wiping down all countertop surfaces
* Used shop vacuum, various construction tools and equipment
* Worked independently, as well as in a team, supporting the needs of the crew

**Warehouse Stock Labourer** 2013

*Save A Lot Foods and Housewares, Edmonton AB*

* Unloaded pallets of inventory and placed in designated areas in store warehouse and store front departments
* Confirmed that actual product count from pallets matched inventory on manifests
* Stocked shelves with product, placing overflow stock on top shelves
* Rotated date sensitive product, removing expired inventory and facing most recent dates to eliminate waste
* Completed delegated tasks and followed through processes with time efficiency
* Exhibited physical stamina in lifting and moving product, adhering to safety guidelines
* Utilized pallet jack

Education

* Grade 12